



# Chattanooga Area Veterans Council

Serving veterans and their organizations of East Tennessee, North Georgia and North Alabama

## 27<sup>th</sup> Annual CAVC Awards Banquet

The 27<sup>th</sup> Annual CAVC Awards Banquet is set for Friday, 23 February 2018, 6:00 pm at the Doubletree Hotel downtown Chattanooga. The Awards Banquet highlight is the presentation of the Charles H. Coolidge Veteran of the Year Award. The Award is given to an outstanding veteran selected from those nominated by CAVC Veteran Member Organizations and chosen by committee. Also presented is the Charles H. Coolidge Associate of the Year Award to an outstanding non-veteran who is recognized for his/her support of the Chattanooga veteran community. Finally, the Milton Thomas Award recipient is chosen by the CAVC Immediate Past Chair and is presented to the individual who was most supportive of the CAVC during the previous year. The Banquet's special guest speaker is Jennifer Vedral-Baron, VA Medical Center Nashville Health System Director. The reservation form for the event is the last page of this newsletter. The cutoff for reservations is 19 February.

### **Jennifer Vedral-Baron, MN, ARNP, NP-C, F | Health System Director**

Ms. Vedral-Baron is a new accession to the Veteran's Health Administration having recently retired as a Captain from 30 years of active military service with the United States Navy.

Her most recent assignment was the Director of the Fort Belvoir Community Hospital in Fort Belvoir, VA for which she was awarded the Defense Superior Service Medal. During her service she was also awarded the Legion of Merit award (three awards), Meritorious Service Medal (four awards), Navy and Marine Corps Commendation Medal (four awards) and the Navy and Marine Corps Achievement Medal (five awards). She has the distinction of the only US Navy Hospital Commanding Officer to have led her teams to a total of five Military Health System Patient Safety Awards.

Ms. Vedral-Baron was selected as a Fellow by the American Association of Nurse Practitioners in 2011 and has recently been recognized as a Fellow in the American College of Healthcare Executives. She maintains certification as an Adult Nurse Practitioner.



#### CAREER CHRONOLOGY:

2014 – 2016 Director, Fort Belvoir Community Hospital, Fort Belvoir, VA  
 2013 – 2014 Assistant Deputy Chief, Medical Operations, USN Bureau of Medicine and Surgery, Falls Church, VA  
 2012 – 2013 Chief of Staff, Navy Medicine National Capital Region, Bethesda, MD  
 2010 – 2012 Commanding Officer, Naval Hospital Pensacola, FL  
 2008 – 2010 Executive Officer, Naval Hospital Jacksonville, FL  
 2007 – 2008 Executive Assistant to the Navy Surgeon General, Washington DC  
 2005 – 2007 Executive Assistant to the Commander, National Naval Medical Center, Bethesda, MD

#### EDUCATION:

1996 Masters Adult Health Nursing, University of Florida, Gainesville, FL  
 1986 Bachelor of Science in Nursing, University of North Florida, Jacksonville, FL



## CAVC Veteran and Associate Organization's 2018 Dues are now due

Chattanooga Area Veterans Council depends on the financial support from its member organizations. All of the events coordinated and paid for by the CAVC are free to attendees but these events all have costs. The 2017 Annual Report below shows the itemized expenses of the organization. All CAVC Veteran and Associate organizations are asked to submit their \$20 member dues payment in January to help finance CAVC activities for 2018.

<b>Chattanooga Area Veterans Council</b>		
<b>PO Box 24984, Chattanooga TN 37422</b>		
<b>2017 Annual Report - 1 Jan 2017 to 31 December 2017</b>		
Total Net Assets at beginning of Fiscal Year		\$ 43,034.30
<b>Income</b>		
Dues	\$ 340.00	
Awards Banquet	3,007.00	
AFD Luncheon	10,450.00	
Donations	1,425.00	
Armed Forces Parade Funding	15,000.00	
Total Income		\$ 30,222.00
<b>Expenses</b>		
Awards Banquet	\$ 3,628.80	
AFD Luncheon	9,464.50	
Postage	109.76	
P.O. Box	132.00	
Veterans Salute	1,360.00	
Printing & Copying	521.57	
Corporate Filing	50.00	
Quarterly Meeting Meals	531.72	
Pit Stop Event Portables	388.00	
Plaques, Badges, Banners	591.00	
Armed Forces Parade	10,244.38	
Total Expenses		\$ (27,021.73)
Net Income or (Loss)		\$ 3,200.27
Total Net Assets at end of Fiscal Year		\$ 46,234.57

## Ft. Gillem Commissary On-Site Sale

The next "ON-SITE SALE" in Marietta will be held 11-13 January 2018. Hours of operation: Thursday and Friday 9:00 am - 5:00 pm and Saturday 9:00 am - 1:00 pm. The address is 1901 Terrell Mill Rd, Suite 200, Marietta, GA 30067. The site is located in the Marietta Plaza off Cobb Parkway next door to Burlington Coat Factory. Please call 478-222-7618 with any questions you may have.

Susan M Edmonds  
 Store Director  
 Robins Commissary  
 478-926-3714

### Guard & Reserve On-Site Sale

*We're bringing the benefit to you!*

[www.commissaries.com](http://www.commissaries.com)

#### January 11-13, 2018

Thursday & Friday: 0900 to 1700  
 Saturday: 0900 to 1300

Hosted by Robins AFB  
 Commissary

Susan Edmonds,  
 Director

[susan.edmonds2@deca.mil](mailto:susan.edmonds2@deca.mil)  
 (478)-222-7618 or  
 (478)-926-3714  
 Cell#804-712-7513



1901 Terrell Mill Road, Ste. 200  
 Marietta, GA 30067

[Click here for driving directions!](#)

Future Events:

February	15-17, 2018
March	15-17, 2018
April	12-14, 2018
May	10-12, 2018
June	14-16, 2018

#### Stock your pantry and save!

- ♦ Military ID card authorizing commissary privileges is required ♦ Cash, check, EBT, debit, credit, and Star cards accepted
- ♦ All authorized shoppers are welcome



## Military Saves Week

You and your family are invited to attend a financial event for Military Saves Week on Feb. 24<sup>th</sup> at Chattanooga State. Below is the link to obtain FREE tickets. There will be door prizes and goodie bags at the event for attendees.

<https://www.eventbrite.com/e/military-saves-week-chattanooga-tickets-41313434595>

Laura Coleman, AFC®

Personal Financial Counselor

Phone: [1-423-322-6336](tel:1-423-322-6336)

Email: [PFC.Chattanooga.USAR@Zeiders.com](mailto:PFC.Chattanooga.USAR@Zeiders.com)

**Editor's Note:** Military Saves is a campaign coordinated by the nonprofit Consumer Federation of America (CFA) and is dedicated to helping service-members and their families save money, reduce debt, and build wealth.

## Military Saves Week

February 26-March 3

### Free Kick-Off Event February 24<sup>th</sup> Saturday 800-1230

**Chattanooga State College, 4501 Amnicola Highway, Chattanooga, TN  
OMN Building**

<p><b>8:00</b></p> <p>Opening Remarks</p> <p>Salvation Army Provided Donuts/Coffee</p> <p><b>8:30</b></p> <p>Creating a Spending Plan- Taught by Personal Financial Counselor, Laura Coleman, AFC®</p> <p>The Ins and Outs of the Home buying process- Taught by Chattanooga Neighborhood Enterprise, Ethan Pope</p> <p>TSP-Where are you invested?- Taught by Will Welborn, CFP, Personal Financial Consultant for TN National Guard</p>	<p><b>9:45</b></p> <p>Identity theft- Docu-Shred truck will be on site to shred sensitive financial documents-FOR FREE!</p> <p>VA Home loans Rick Wamsley, VA loan specialist</p> <p>Getting Out of Debt- Taught by Personal Financial Counselor, Laura Coleman, AFC®</p> <p><b>11:00</b></p> <p>How to Recover Financially From a Divorce- Taught by Certified Divorce Financial Analyst, Angela Larkins</p> <p>Current Tax Deductions and How the new Tax Bill could affect you- Daniel Peterson, CPA</p> <p>Overcoming Underemployment- Taught by Career Counselor TNARNG, Mike Bohannon</p>
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Event open to present and former Army Reserve, Air National Guard, Army National Guard, Marine, Navy, and their families. Receive FREE tickets for the event on Eventbrite under Military Saves Week-Chattanooga.

**Enter the Savings Contest. The unit with the highest amount saved earns bragging rights and a chance to win \$1000!**





## Tricare Changes for 2018

A series of major [Tricare](#) changes over a year in the making will kick off Jan. 1, ushering in fee changes for almost all beneficiaries, a new plan name, a new regional map and new regional contractors. The updates are the result of a periodic federally mandated contracting process combined with new legislation passed by Congress in 2016.

### Impacts for All Users

Tricare's annual fee schedule will now operate on a calendar year -- January 1 to December 31 -- instead of the fiscal year system used the past. That change impacts all beneficiaries, including [Tricare for Life](#) users, who are otherwise untouched by the shifts.

Starting Jan. 1 the plans known as [Tricare Standard](#) and [Tricare Extra](#) will be combined into a single plan, known as Tricare Select.

Active duty family members who use [Tricare Prime](#) will also see no major changes, so long as they stay in that plan. Starting in 2019, active duty families and those who retire from active duty will no longer be able to switch at will between plans. Instead, they must wait for annual fall "open enrollment" period to move plans or experience a "qualifying life event." Tricare has yet to release a final list of what those "life events" will include. All users except those in the current South Region will get a new management contractor Jan. 1. Tricare will shift from the current three region system to a two region East and West system. Tricare East will be managed by Humana.

### Fee Changes for Many Users

Current active duty families on Tricare Standard, newly known as Tricare Select, will experience a flat fee system for out of pocket charges instead of the "percentage of allowable charge" system used today.

Those who join the service on Jan. 1 or thereafter and use Tricare Select will see different, often lower, fees, as will users of [Tricare's Reserve Select](#) plan. [View Tricare's new fee system.](#)

### How Changes Will Impact Specific Plans

Although some of Tricare's Jan. 1 changes impact the majority of users, other changes are specific to individual plans.

- [The Quick and Easy\(ish\) Guide to Tricare's 2018 Changes](#)
- [How the 2018 Tricare Changes Impact Guard and Reservists](#)
- [How the 2018 Tricare Changes Impact Retirees](#)
- [How the 2018 Tricare Changes Impact Tricare for Life Users](#)

Courtesy of Amy Bushatz, Military.Com. She can be reached at [amy.bushatz@military.com](mailto:amy.bushatz@military.com).

### Job Opportunity

#### VETERAN IN NEED OF CAREGIVER – GRUNDY COUNTY

66-year old, male, disabled veteran in Monteagle, TN is seeking to hire a reliable, part-time aide (about 20 hours per week). Primary duties include: light housework (sweeping, dusting, mopping, etc.), grocery shopping, meal preparation, laundry, and occasional assistance with personal care.

This is a paid position through the Veteran-Directed Home and Community Based Services (VD-HCBS) program. A background check is required. For additional information or to apply, please contact Veronica Hyde at [vhyde@sedev.org](mailto:vhyde@sedev.org), or [423-424-4254](tel:423-424-4254).

SCENIC CITY STAFFING & RESUME SERVICE

## HELP WANTED!

**CURRENT JOB OPENINGS:**

**WELDERS- MIG & FABRICATION- ALL SHIFTS. STARTING AT \$15/HR. 1 YEAR EXPERIENCE.**

**GENERAL LABORERS- 4 DAY WORK WEEK- STARTING AT \$10/HR. 1ST & 2ND SHIFTS. BENEFITS AFTER 60 DAYS!**

**ADMINISTRATIVE & OTHER JOBS LISTED ON OUR WEBSITE**

APPLY ONLINE OR CALL OUR OFFICE  
423.208.9800  
[HTTPS:SCENICCITYSTAFFING.COM](https://sceniccitystaffing.com)

IS YOUR RESUME NOT GETTING ATTENTION?  
LET OUR PROFESSIONAL STAFF HELP YOU  
GET NOTICED & HIRED TODAY!

WHO DO YOU KNOW?  
**\$100 REFERRAL FEE!**

IF YOU KNOW SOMEONE LOOKING FOR A JOB, REFER THEM TO US AND YOU CAN COLLECT A \$100 REFERRAL FEE! CALL OUR OFFICE TODAY: 423.208.9800

VISIT OUR WEBSITE: [HTTPS:SCENICCITYSTAFFING.COM](https://sceniccitystaffing.com)



### --- Job Opportunity ---

Logistics Administrator - (job is posted on Indeed.com, Facebook- Scenic City Staffing)

#### **Job Summary**

#### **Job Duties:**

- **Enter Product Inventory. Includes posting Warehouse Packaging, Outside Finished Products, Sofix shipments, Raw Material, and Packaging Supplies into Access and filing all paperwork.**
- Receive purchase orders for Sofix sales. Schedule the truck for a pickup. Make shipping instructions. Invoice the customer for the product.
- Makes paperwork required for shipments. This includes bills of lading, packing/weight list, and Customs forms.
- Produce purchase orders for Raw Materials/BL Sales and keeping track of their deliveries.
- Scheduling of Acid trucks and invoicing for Acid shipments.
- Communicating with Acid Customers.
- Inform customers about the status of deliveries when needed.
- Deliver Customs paperwork to local Customs office.
- Investigates problems related to acid shipments.
- Box and rotate files yearly.

#### **Other Job Duties:**

- Make a monthly supply order for office supplies.
- Sort all incoming faxes. Copy and distribute faxes when necessary.
- Distribute incoming mail.
- Keeps phone system updated and in working order.

#### **Responsibilities and Duties**

- On-time shipment of product.
- Maintain compliance under Foreign Trade Zone regulations
- On-time completion of scheduled routine assignments.
- **Prompt response of non-routine job assignments**

#### **Qualifications and Skills**

#### **PSM / ISO 9000 / ISO 14000/ OHSAS 18000**

- Auditor for PSM/ ISO 9000/ ISO 14000/ OHSAS 18000
- Active participant in meeting the requirements of our various Management Systems.
- Additional responsibilities as listed in the Training Record.

#### **Benefits**

#### **Job Specifications:**

- Minimum of high school diploma or equivalent.
- Knowledge of efficient office procedures.
- Ability to operate standard office machines.
- Good communication skills.
- Computer knowledge and skills required.
- Basic excel knowledge.
- Excellent attendance.

Job Type: Full-time

Salary: \$16.00 /hour

Anyone interested can apply on their website: <https://www.Sceniccitystaffing.com>

Loretta Lynn

Aesthetician & Wellness Advocate

Integrated Marketing Consultant, Author, Writer & Radio Show Host

[423.605.4719](tel:423.605.4719)

**NEW 2018 UNIVERSAL ORLANDO MILITARY PROMOTION**

The Dobbins Ticket and Travel Office is excited to offer a special Military ticket that is exclusively for military members and DOD Civilians. This ticket will only be available through ITT and Leisure Travel Offices including Shades of Green. It will not be available at the gate or online. Military members OR their spouses can purchase and activate up to six tickets each at these special prices per visit.

- \* 2 Park 4 Day Park to Park Adult - \$180 (Includes Universal Studios & Islands of Adventure)
- \* 2 Park 4 Day Park to Park Child (3-9) - \$174 (Includes Universal Studios & Islands of Adventure)
- \* 3 Park 4 Day Park to Park Adult - \$220 (Includes Volcano Bay, Universal & Islands of Adventure)
- \* 3 Park 4 Day Park to Park Child (3-9) - \$214 (Includes Volcano Bay, Universal & Islands of Adv.)
- \* Offer Dates: Purchase now through Dec 28, 2018
- \* Tickets must be completely used by Dec 31, 2018; no blackout dates apply
- \* Eligibility: US Active Duty, Retirees, DOD Civilians (Foreign Affiliates and Contractors not eligible)
- \* Tickets must be ACTIVATED at any Universal Pass Sales window with a valid ID presented by the military member or military spouse or DOD civilian; ID card holders MUST accompany the party to the Pass Sales window for first activation of the tickets and use one of the tickets. Tickets will completely expire on January 1, 2019.
- \* DEPENDENT CHILDREN CANNOT ACTIVATE TICKETS ON THEIR OWN!!!!

Sue Short

Information Ticket & Travel Office, 678-655-4797 (Voice)

1335 Dozer Circle, Room 1007, Dobbins ARB, GA 30069

Hours of Operation: Monday - Friday 9:00 - 16:00, UTA Saturday 11:00 - 14:00



Chattanooga Area Veterans Council  
 PO Box 24984, Chattanooga, TN 37422  
 Check out our website: [www.chattareaveterans.com](http://www.chattareaveterans.com)

Chris Dooley, 2018 Chair	702-701-2858
Tijuana Jordan, Chair-Elect	423-991-9182
Patrick Murphy, Vice Chair	615-393-9176
Bill Norton, Director	423-593-6281
Tom McConnell, Director	423-596-1905
Terry Siler, Director	423-842-5963
Alden Perry, Director	423-838-1960

CAVC is a 501(c)(19) non-profit veteran organization.

**CAVC 2018 Calendar of Events**

23 Feb - CAVC Awards Banquet  
 9 Mar - CAVC Quarterly Meeting  
 4 May - Armed Forces Parade and Luncheon  
 28 May - Memorial Day Service  
 8 Jun - CAVC Quarterly Meeting

# 27th Annual CAVC Awards Banquet

Friday, 23 February 2018, 6:00 pm, Doubletree Hotel downtown

Speaker: Jennifer Vedral-Baron, Health System Director at VA Medical Center, Nashville, TN. Capt. US Navy (Retired)

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Reservation: complete this form and mail it with your check to the address below. Make your check payable to CHATTANOOGA AREA VETERANS COUNCIL

Name : \_\_\_\_\_

Guest(s): \_\_\_\_\_

Reserve \_\_\_\_\_ dinners at \$30.00 each equals \$\_\_\_\_\_ (total enclosed)

OR

Organization: \_\_\_\_\_

Reserve \_\_\_\_\_ table(s) at \$225.00 for 8 seats equals \$\_\_\_\_\_ (total enclosed)

Dinner includes:

Chicken Picatta entrée in lemon butter caper sauce, rice pilaf, vegetable, tossed salad, rolls, dessert, coffee & tea. A Cash Bar will be available.

The cutoff for reservations is February 19th.

Mail your check to: Chattanooga Area Veterans Council, c/o Mark Parks, Treasurer, 6920 Sawtooth Drive, Ooltewah, TN, 37363-6894